	EBS CHARACTER EDUCATION	Page 1 of 14	CEACT007 Rev E	Date: 04/19/15
TITLE: EDDIE & ELLIE GAME WITH POSTER				

Recommended Grade Levels: K-5

Special Alert: Do not use this lesson for Responsibility grades K-1 because our 5th grade student volunteers will facilitate this lesson with grades K-1 for the month of September.

Applicable Character Traits: (All) Responsibility, Generosity, Gratitude, Respect, Honesty, Compassion, Perseverance, Cooperation, Loyalty

Objective:

By the end of the lesson, students should understand the meaning of the appropriate character trait by reading cards and listening to statements. Students figure out which statements come from positive behaviors and which ones come from negative behaviors.

Time Frame: (Approximately 30 minutes)

Approximately how long the entire lesson should take to complete. It's nice to let the teacher know, so you are both on the same page.

Materials/ Preparation:

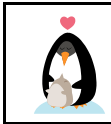
- Poster with penguins – Eddie on one side and Ellie on the other.
- Character Trait cards making positive statements and others demonstrating negative statements (at least six for each).
- One bean bag.

Opening Statements: (5 minutes)

- Introduce yourself.
- Ask the class, “Who knows what the Character trait is for this month?”
- Read the Character Statement for the month.
- Communicate objectives to students - explain to the class what they will be doing during the lesson / setting the tone and expectation.

Activities: (20 minutes)

- Shuffle the cards and ask for a volunteer to read a card. Have the audience raise their hands and take turns in giving their answer. The card reader tosses the bean bag* to an audience member who has raised their hand. The volunteer answers the question.



* Bean bag rules: Give a quick example of responsible beanbag tossing (not throwing).

- According to the answer, turn the poster (or have the volunteer do it) on the happy penguin (positive statement) or sad penguin (negative statement).
- For each card, repeat activity with new volunteers.

Wrap up and Reflection: (5 minutes)

Review Key Points. Have a discussion and ask learners questions about the lesson they learned.

Review what the class learned about the appropriate character trait, then go around the classroom and ask students how they are going to demonstrate the trait – in their classroom or at home.

Character Trait Statements

Responsibility (September)

At EBS we practice Responsibility.

We do what we are supposed to do, on time, and without being reminded.

We follow the rules, even when no one is looking.

We take care of our things, things we borrow, and things at our school.

We think before acting.

We do our best and use our time wisely.

We are honest, keep our promises.

We acknowledge our mistakes and do not blame others.

Generosity (October)

At EBS we practice Generosity.

We give freely without expecting anything in return.

We share our things, our time, our talents.

We show kindness and concern for others.

We help people in need at home, at school, and in our community.

We go beyond our responsibility in an effort to make the world a better place.

**Gratitude** (November)

At EBS we practice Gratitude.

We are thankful for people and things.

We show and express appreciation.

We say “thank you.”

We pay attention to positive things in our lives.

We see the good side of things, even when it is a challenge.

We are grateful for our own talents and skills.

Respect (December)

At EBS we practice Respect.

We treat others the way we want to be treated.

We use good manners, we listen and take turns.

We accept differences and do not pick on others.

We resolve problems peacefully, without insults or hurting others.

We care for our environment and do not litter.

We take care of our things and those of others.

We stand up for ourselves.

We follow the rules and are safe.

Forgiveness (January)

At EBS we practice Forgiveness.

We acknowledge our mistakes, apologize, and try to make things right again.

We understand that everyone makes mistakes and we accept the apologies of others.

We do not bring up past mistakes or gossip about what others did wrong.

We move on and are friends again.

Honesty (February)

At EBS we practice Honesty.

We tell the truth, even when it is hard to say.

We are fair, follow the rules, and do what is right even when no one is looking.

We don't lie, cheat, or steal.

By being honest, people will believe us, trust us, and count on us.

**Compassion** (March)

At EBS we practice Compassion.

We care about people in our school, family, community, and world.

We are sensitive to others and are nice to them.

We are kind and we listen.

We recognize others in need and try to help them.

We understand and appreciate differences in others.

Perseverance (April)

At EBS we practice Perseverance.

We keep trying and don't give up, even when faced with difficulty.

We set goals and make plans to succeed.

We have a good attitude.

We show patience and determination.

We stand up for what is right.

Cooperation (May)

At EBS we practice Cooperation.

We work together.

We take turns, share, and listen.

We participate and do our best.

We include others and encourage them.

We compromise.

We are good leaders and good followers.

Loyalty (June)

At EBS we practice Loyalty.

We stick by our family and friends.

We treat others the way we want to be treated.

We stand up for people and ideas we believe in.

We are loyal to our teams, community, and country.

We make good choices and don't talk about others behind their back.

We make careful decisions when we have conflicting loyalties.



Responsibility Statements

<p>I promised my mom I would prepare my snack, but I changed my mind: she can do it for me.</p>	<p>That's my place in line. Go away!</p>
<p>I don't have to do my homework. I'll find an excuse for my teacher.</p>	<p>Today when I go home, I am going to watch TV for the all afternoon.</p>
<p>Teacher: I am sorry I did not do my homework. It's my brother's fault. He was making too much noise I could not concentrate.</p>	<p>Today when I go home, I'll clean my hamster's cage. I promised my mom I was going to take good care of my pet.</p>
<p>I borrowed a DVD from my friend: I'll take good care of it and I won't forget to return it to him.</p>	<p>My friend told me a secret. I am going to keep it for myself.</p>
<p>I will finish my project in time even if I have to work hard to accomplish this goal.</p>	<p>I'll go to my soccer practice even if I am a bit tired: my team is important to me.</p>
<p>I need to practice my piano: the more I practice, the better I play.</p>	



Generosity Statements

My friend's shoe is untied. It will be so funny if she trips!	I see a boy sitting all by himself. I am going to sit down with him and ask him to play with me at recess.
I am going to cut in line: I want to be first!	She is so nice, she always invites me to play with her group of friends.
Get over here and listen to me!	I am glad my friend on the other team won the game: good for him!
These are my pencils: I am not going to share them with anyone!	He always picks up other peoples' trash at the cafeteria: he is so generous with his time!
My baseball team won last weekend. We are better than your team!	I like to help people, it makes me feel good.
I am not going to help clean up: I didn't make the mess!	My family and I are going to the beach this weekend to pick up trash.



Gratitude Statements

<p>I don't want to eat my dinner because it is not my favorite food.</p>	<p>My friend shared his lunch with me when I didn't have one. I was so grateful!</p>
<p>Grandma, this shirt you gave me for my birthday is really ugly. Take it back to the store!</p>	<p>After I got my presents I wrote thank you notes to everyone.</p>
<p>My sister is so annoying. I wish I didn't have a sister.</p>	<p>My teacher is so nice so I always listen and cooperate and I even drew her a picture.</p>
<p>School is so boring. I wish I didn't have to go to school.</p>	<p>Whenever someone hands me something I say "Thank you!"</p>
<p>Everyone has really cool clothes except me.</p>	<p>I love my family. I am so lucky to have them.</p>
<p>I never get to watch enough T.V. I only get to watch an hour a day.</p>	<p>This isn't my favorite snack, but I'm glad I have something to eat because I am hungry.</p>



Respect Statements

I can call people names.	When someone talks, I listen. I don't interrupt and if I have something to say, I wait for my turn.
After lunch I don't need to pick up, somebody else will do it for me.	I am a good sport.
I don't need to say, "Please" or "Thank you", who cares!	I don't blame my friends for something they didn't do.
They just won because they were cheating. Our team is better than their team.	I don't call people names.
I don't need to stand up for what is right, I might become unpopular.	I don't talk behind people's back.
If I hurt someone, I don't need to apologize.	I am nice to all my friends and I invite them to play with me.
I don't like people that are different.	I take good care of my stuff and the stuff I borrow from others.
I can lie to my friends.	I know some children are different than me, but I am nice to them all the same.



Forgiveness Statements

He hurt my feelings. I am not going to be his friend anymore.	I admit when I am wrong.
I don't care if I hurt her feelings. She should be tougher.	I apologize when I hurt someone's feelings.
I didn't trip him on purpose. I don't have to say I'm sorry.	I say I'm sorry even if I didn't do it on purpose.
She said she's sorry, but I am still mad and do not forgive her.	I understand that we all make mistakes sometimes.
My little brother always messes up our game. He never does anything right.	I forgive myself when I make a mistake.
I'll just say "sorry," but I don't really mean it.	I don't just say "sorry". I really mean it.



Honesty Statements

<p>I broke my mom's necklace. If she finds out I'll blame my little brother.</p>	<p>I don't blame my friends for something they did not do.</p>
<p>My friend stole a pen from the teacher and she told me about it. I am not going to tell anybody. She asked me to keep it secret.</p>	<p>I promised I would play with her today and I'll do it because a promise is a promise.</p>
<p>I found a very nice watch at school. I am going to keep it for myself because I like it a lot.</p>	<p>I don't like her new dress but if she asks me about it I'll find the way to tell her without hurting her feelings.</p>
<p>My friend had to go to time out because someone told the teacher he said a bad word. I know it is not true, but who cares, it is not my problem.</p>	<p>I am not going to steal. Stealing is wrong.</p>
<p>I promised I would help him but I changed my mind. I'll just tell him I forgot.</p>	<p>I am going to admit I made a mistake. I know this is the right thing to do.</p>
<p>I won the game because I was cheating but it is OK because I am the only one who knows about it.</p>	<p>I am not going to lie even if my best friend asks me to do it.</p>



Compassion Statements

Go away! You cannot play with us!	Why are you crying? Do you want to talk about it with me?
I don't care if you are in pain, it's your fault! You got in the way when we were playing.	I see you are sitting all alone. Do you mind if I join you?
You are a cry baby! I cannot stand you!	Did you get hurt? Is there anything I can do for you?
I cannot help you now, can't you see I am playing with my friends? Go ask someone else!	We are going to collect old towels and blankets to give to the animal shelter for the homeless pets.
I don't need to say sorry to you! Who cares if I hurt you, you deserved it!	Do you need help carrying those bags? I can hold the door for you, too.
I cannot believe you are not able to tie your shoes! I learned to do it when I was only four!	I don't agree with you, but I am going to listen to what you have to say.



Perseverance Statements

There are no solutions to this problem.	I want to finish what I started. I know I can do it.
I don't want to waste my time practicing.	I like to be challenged!
I can do it tomorrow.	I am going to work hard to try to find solutions to problems.
I don't need to work hard to succeed.	I know I can succeed if I work hard.
I cannot solve this problem. I QUIT!	I set goals and keep promises.
I don't want to talk about how I feel. Nobody cares.	I don't give up just because things seem difficult.
I don't want to try because I might make a mistake.	I keep trying even when it is a struggle.
I am tired of trying. I give up!	I am willing to risk failure to a worthy goal.
I don't want to stand up for what is right. I might become unpopular.	I stand up for what is right even if it is not the popular opinion.
I don't want to commit, I might not be able to keep my promise.	I don't blame others when I don't succeed.



Cooperation Statements

<p>I will not follow the rules. They are too difficult.</p>	<p>I only play with one piece of equipment at a time. When I decide to play a new game, I put the other equipment away.</p>
<p>When someone else talks, I don't have to listen and I can interrupt any time.</p>	<p>If my friend isn't good at a sport, I help him/her.</p>
<p>I don't care if you need help. I'm busy.</p>	<p>I will work as part of a team to get the job done.</p>
<p>I am having a bad day, so I am not going to cooperate if I don't want to.</p>	<p>When someone talks, I listen. I do not interrupt and if I have something to say, I wait for my turn.</p>
<p>We are a good team; we don't want anyone else to join.</p>	<p>If someone is nice and asks me to join the game, I say, "yes!"</p>
<p>After lunch I don't need to pick up, somebody else will do it for me.</p>	<p>I don't blame my friends for something they didn't do.</p>
<p>I don't want to be part of the reading group.</p>	<p>Even though I am tired I will play with my little brother.</p>
<p>I get an extra turn because this is my game and I make the rules.</p>	<p>When I play outside, I need to follow the rules and show respect.</p>
<p>It's your fault we didn't finish our work on time.</p>	<p>I will clean my room, as my mom asked me to.</p>



Loyalty Statements

<p>I leave my friends whenever someone more interesting comes along.</p>	<p>I treat my friends the way I want to be treated.</p>
<p>I don't have to do what is right unless I really feel like it.</p>	<p>I stand up for what I believe is right.</p>
<p>I can talk behind people's backs.</p>	<p>I support my team and my teammates.</p>
<p>I can hurt others with my words or actions if they deserve it.</p>	<p>I care for my country.</p>
<p>If my friend tells me to do something wrong, I'll do it because he is my friend.</p>	<p>I am faithful to my family.</p>
<p>I don't have to support my teammates if we are losing the game.</p>	<p>I am loyal to my friends in good times and bad times.</p>